



Spring

When I let go of what I am, I become what I might be

Lao Tzu

Spring is here and as we begin to unfold
in response to the warmth of the sun
let's take up the opportunity to further enhance our self-image.
As we move through spring, this term we will explore ways of evolving a
clearer self-image in 3 dimensions.

Tuesdays: 7.00 – 8.00pm

8 weeks: 10th October---5th December

Thursdays: 1.30-2.30pm

8 weeks: 12th October---7th December

Fees \$160 or Casual \$22 per class

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